

# Floor Time

*Stanley Greenspan's Model*

Functional Emotional Scale

# FUNCTIONAL EMOTIONAL SCALE

- SELF-REGULATION & INTEREST IN WORLD (3 months)
- FORMING RELATIONSHIPS, ATTACHMENT & INTIMACY (8 months)

# FUNCTIONAL EMOTIONAL SCALE

- INTENTIONAL 2 WAY COMMUNICATIONS (9 months)
- COMPLEX SENSE OF SELF (12-18 months)

# FUNCTIONAL EMOTIONAL SCALE

- EMOTIONAL IDEAS (24-36 months)
- EMOTIONAL THINKING (36-48 months)

# GOALS OF FLOOR TIME

- Engagement
- Two-way Communication
- Shared Meaning
- Emotional Thinking

# STRENGTHEN DEVELOPMENT

- MOTOR
- SENSORY
- LANGUAGE
- COGNITIVE

# DESIRED GOAL BEHAVIORS

- Alert and Aware
- Taking Initiative
- Flexibility
- Longer Sequences
- Problem Solving

# STEPS IN FLOOR TIME

- Observe
- Open Circle
- Follow Child's Lead
- Extend, Expand
- Child Closes Circle

# FLOOR TIMERS USE:

- SLOW APPROACHES
- CALM VOICES
- SPEAKING SLOW
- GENTLE LOOKS
- SUPPORTIVE POSTURES
- NON-INTRUSIVE
- SUPPORTIVE LISTENING

# FLOOR TIMER BEHAVIORS:

- MIMIC CHILD'S RYTHYMS
- GET INTO CHILD'S THEMES
- OBSERVE CHILD
- RESPECT CHILD
- EMPATHY FOR CHILD'S FEELINGS
- UNDERSTAND CHILD'S NEEDS